

Local Food Group

RESOURCE GUIDES



- CSAs



- Farmers' Markets



- Farms



- Restaurants



- Retail Stores



transition town
GREATER MEDIA

Building Community: Local, Resilient, Regenerative

The Local Food Group is an initiative of Transition Town Greater Media,
a 501(c)(3) organization. We are dedicated to

CSAs

Community Supported Agriculture

RESOURCE GUIDE



This is a unique arrangement between consumers and farmers. You pay the farmer in advance for a share of the harvest and this makes you a member, or shareholder, of the farm. This partnership allows the farmer to provide members with a wide variety of fresh and local produce while receiving much-needed, early-season income. By joining, you make a commitment to support the farm and share the costs of production while establishing a connection with the food you eat, the land where it is grown, and the people who produce it.



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FARMS WITHIN 15 MILES OF MEDIA

FARM Farmer Jawn

Offering Plan Share includes: Vegetables and Fruits
\$1000, other options available
Address 1225 E Street Rd, West Chester, PA 19382
Contact info@farmerjawnphilly.com
Website <https://www.farmerjawn.co/2024-csa>
Organic Yes
Pick-up Info Sunday or Wednesday at Westtown School

FARM Red Hill Farm

Offering Plan Share includes: vegetables, fruit, herbs, flowers.
June to November, 24 weeks. Full share—\$800: 8–10 items per week
plus u-pick berries, flowers, herbs, cherry tomatoes, peppers
Address Red Hill and Legion Rd., Aston, PA 19014
Contact 610.558.6799 | redhillfarm@osfphila.org
Website <https://osfphila.org/red-hill-farm>
Organic Yes
Pick-up Info Farm: Tuesday, Friday, 1–6:30PM
Other Workshare and volunteer opportunities are available.

FARM Rushton Farm

Offering Plan Share includes: vegetables, fruit
24 weeks, Full share—\$900. Long waiting list [years].
Address 1050 Delchester Rd., Malvern, PA 19355
Contact [Sign up here: csainterest@wctrust.org](mailto:csainterest@wctrust.org)
Website <https://wctrust.org/csa-membership/>
Organic Yes
Pick-up Info Farm: Tuesday, Friday, 2–7PM

FARM Ruth Bennett Community Farm

Offering Plan Fresh local and organic produce that we source from our partners for each distribution;
we also include produce grown at our farm.
Free to Chester residents from April to November
Address 1218 Carla's Lane, Chester, PA 19013
Contact 201.788.8158 | nschaumburg@chesterha.org
Website <https://www.ruthbennettcommunityfarm.org>
Organic Yes
Pick-up Info Twice monthly, starting May 9, 12 to 2PM

FARM **SIW Vegetables**

Offering Plan Share includes: vegetables, fruit, flowers
See website for various plan options.
<https://www.siwvegetables.com/csa-information#CSARegistration>
Address 4317 S. Creek Rd., Chadds Ford, PA 19317
Contact 610.388.7491 | siwveggies@gmail.com
Website <https://www.siwvegetables.com>
Organic Not everything is grown organically, Integrated Pest Management used
Pick-up Info Farm: Monday through Friday

FARM **Thornbury Farm**

Offering Plan Share includes: vegetables, herbs
June to October. Full share—\$700. Half share—\$390.
Address 1256 Thornbury Rd., West Chester, PA 19382
Contact 610.793.2933 | thornburyfarmcsa@yahoo.com
Website <http://thornburyfarmcsa.com/>
Organic Yes
Pick-up Info Farm: Friday, 12–6:30PM
Other Volunteer opportunities available

FARM **Urban Roots Farm**

Offering Plan Share includes: vegetables and variety of add-ons from local vendors
June to December, 21 weeks. Large share—\$890, Small share—\$695
Address 395 Bishop Hollow Rd., Newtown Square, PA 19073
Contact 610.316.6740 | Urbanrootsphilly@gmail.com
Website <https://www.urbanrootsfarmpa.com/>
Organic Yes
Pick-up Info Farm: Tuesday & Thursday, 3:30–6:30PM

FARMS GREATER THAN 15 MILES FROM MEDIA; DELIVER LOCALLY**FARM** **Crawford Organics**

Offering Plan Share includes: vegetables; additional shares: eggs, fruit, yogurt
Variety of seasonal & size options
Address 387 Iron Bridge Rd., East Earl, PA 17519
Contact 717.445.6880 | csa@crawfordorganics.com
Website <http://www.crawfordorganics.com/csa.html>
Organic Certified Organic
Pick-up Info Local homes: Bryn Mawr, Havertown, Springfield PA

FARM North Star Orchard

Offering	Share includes: fruit
Plan	Weekly share: Each share pickup is \$28; total calculated by pickups you receive.
Address	3232 Limestone Rd., Cochranville, PA 19330
Contact	484.502.7360
Website	https://northstarorchard.com/farm
Organic	Refer to website for information on growing practices
Pick-up Info	Farm: Thurs. to Sun.; 10AM–5PM, Oakmont Farmer Market, Havertown: Wed. afternoons West Chester Growers Market: Saturdays; 9AM to 1PM

FARM Pasture Song Farm

Offering	Share includes: pork, beef and chicken. Add on: flowers
Plan	June to September, Full and half shares; see website for options.
Address	1333 Ridge Rd., Pottstown, PA 19465
Contact	pasturesongfarm@gmail.com 717-475-0129
Website	https://www.pasturesongfarm.com
Organic	Pasture raised
Pick-up Info	Media Farmers Market: See website for schedule.

FARM Lancaster Farm Fresh

Offering	Share includes: vegetables; additional shares: chicken, meat, cheese, bread, herbs, fruit
Plan	Start: end of April through end of October; share prices range from 539.99–\$1,099.99
Address	201 Running Pump Rd, Lancaster, PA 17603
Contact	717.656.3533
Website	https://lancasterfarmfresh.com/
Organic	Yes
Pick-up Info	https://lancasterfarmfresh.com/csa-pickup-summer-2024/?flag=true
Other	Non-profit organic farmer’s cooperative of more than 100 family farmers headquartered in Lancaster County, PA.

FARM Philly Foodworks

Offering	An online market and farm share program dedicated to creating a sustainable local food system for the Greater Philadelphia region. We offer the largest selection of local food in the region (including fresh produce, meats, cheeses, other dairy products, baked goods, pantry items, prepared foods, and home and beauty products)—plus fully customizable farm share boxes. June to September, full and half shares. See website for options.
Plan	Prepayment program is based on the principles of the CSA model but with much more flexibility and less risk for the customer. See website for details.
Address	109 Henderson Rd., Sharon Hill, Pa 19079
Contact	215.221.6245
Website	https://phillyfoodworks.com/p-46-how-it-works.html
Organic	Some of our farmers grow organically but are uncertified, some use Integrated Pest Management (IPM) growing methods, and some are pursuing Certified Naturally Grown status (a less costly alternative to USDA Organic).
Pick-up Info	See website for details for pick-up or delivery options.

Farmers' Markets

RESOURCE GUIDE



A regular trip to a farmer's market is one of the best ways to connect with our community's food growers and producers. Meeting and talking to local farmers is a great opportunity to learn more about how and where food is produced. When we purchase directly, farmers receive more of our food dollars, we receive the freshest and most flavorful food, and local economies prosper.

Farmers' Markets offer a variety of fresh, organic produce at fair prices. Many farmers carry products that are not technically "organic," but have many low-priced foods that are pesticide- and herbicide-free. Farmers' markets are also just plain fun for the whole family. Here, you can cultivate relationships with the people who make and grow the food you eat, and with your neighbors, becoming healthier in body, mind, and spirit.



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PRODUCER-ONLY FARMERS' MARKETS

Each of the farmers & food artisans must grow, raise, or produce the items they sell, thus providing market communities with fresh foods produced in the region. A list of growers is available on each market's web site.

MARKET Bryn Mawr

Address 54 N. Bryn Mawr Ave., Bryn Mawr, PA 19010
Across from Ludington Library in the Amtrak Station parking lot
Hours Saturdays, 9AM–1PM
Website <https://www.farmtocitymarkets.com/markets/bryn-mawr>

MARKET Lansdowne

Address 30 N. Lansdowne Ave., Lansdowne, PA 19050
Hours Memorial Day to Halloween—Saturdays, 9AM–1PM; Winter—3rd Saturdays, 10AM–NOON
Website <https://www.lansdownefarmersmarket.com/>
Contact info@LansdowneFarmersMarket.com
Other Participates in the Supplemental Nutrition Assistance Program (SNAP). Some also accept Women, Infants, and Children (WIC) & Senior Farmers' Market Nutrition Program (SFMNP) vouchers

MARKET Media

Address N. Edgemont St., Media, PA 19063
Hours May to November—Sun., 10AM–1PM; Winter—Sun., 1st & 3rd, 10AM–NOON; rain or shine
Website <https://mediafarmersmarket.com>
Contact manager@mediafarmersmarket.com
Other Some accept Senior Farmers' Market Nutrition Program (SFMNP) vouchers.

MARKET Newtown Square Food & Makers Market

Address 3625 Chapel Rd., Newtown Square (in the parking lot of St. Alban's Episcopal Church)
Hours Fridays: 4:00–8:00PM on these dates: May 10, June 14, September 13, October 11
Website facebook.com/NewtownSquareFoodandMakersMarket
Contact pam@gatherinthecircle.com
Other A food market that includes prepared foods, handcrafted goods, and live music

MARKET Oakmont-Haverford

Address 1 W. Eagle Rd., Havertown, PA 19083
Hours May 4 to the Wednesday before Thanksgiving—Wednesdays from 3:00–6:00PM
Website <https://www.oakmontfarmersmarket.org/>
Contact [Oakmont farmers market@gmail.com](mailto:Oakmontfarmersmarket@gmail.com)

MARKET Swarthmore

Address Central Park, 121 Park Ave., Swarthmore, PA 19081

Hours May 7–December 1—Saturdays, 9AM–12NOON

Website <http://www.swarthmorefarmersmarket.org/>

Contact 610.492.5700 | marketmanager@smarthmorefarmersmarket.org

Other

Accepts Supplemental Nutrition Assistance Program (SNAP) & FoodBucks (gives recipients \$2 to spend on fruits and vegetables for every \$5 spent with their SNAP card); Women, Infants, and Children (WIC); and Senior Farmers' Market Nutrition Program (SFMNP) vouchers. We are excited that OneCard started on June 1st and will be accepted every Saturday until the end of the season.

MARKET West Chester Growers Market

Address Corner of North Church and West Chestnut Streets in downtown West Chester, PA

Hours May–December—Saturdays, 9AM–1PM; January–April—Sat., 1st, 3rd, 5th—10AM–NOON

Website <http://www.westchestergrowersmarket.com/>

PUBLIC MARKETS

Some products are grown or produced locally, variety of non-farmer/non-producer vendors, packaged foods, non-food products

MARKET Ardmore

Address 120 Coulter Ave., Ardmore, PA 19003

Hours Sundays, 9AM–4PM; Mondays to Fridays, 8AM–6PM; Saturdays, 8AM–6PM

Website 610.896.7560

MARKET Thornton

Address 330 Glen Mills Road, Thornton, PA.

Hours May to October—Saturdays, 10AM–1PM

Website <https://www.thornbury.org/Farmers-Market/>

MARKET Wayne-Lancaster County

Address 389 W. Lancaster Ave, Wayne, PA 19087

Hours Wednesdays, Fridays, Saturdays: 6AM–4PM

Website <https://www.lancastercountyfarmersmarket.com/>

Contact 610.688.9856

MARKET Westtown

Address 1165 Wilmington Pike, West Chester, PA 19382

Hours Thursdays, 9AM–6PM; Fridays, 9AM–7PM; Saturdays, 8AM–4PM

Website <https://westchesteramishmarket.com/>

Contact 610.492.5700

Other

The market consists of mostly Amish and some local vendors.

Farms

RESOURCE GUIDE



Local food supports local families. The wholesale prices that farmers get for their products are low, often near the cost of production. Local farmers who sell directly to consumers cut out the middleman and get full retail price for their food—which helps farm families stay on the land and they’re less likely to sell farmland for development. You are helping to ensure that there will be farms in your community tomorrow. That is a matter of importance for food security, especially in light of an uncertain energy future and our current reliance on fossil fuels to produce, package, distribute, and store food.

FARMS WITHIN 15 MILES OF MEDIA, PA

Farm **Canter Hill Farm**

Products Pasture raised animal products: chicken, duck, guinea hen, turkey, lamb, pork, beef
Address **2138 Valley Hill Rd., Malvern, PA 19355**
Hours Open for walk-in pickups Fridays; 12–4PM. We also can generally accommodate other pickup times. Email to get on the Media drop-off email list. I'll alert you when I'm coming to Media and we can meet for a pickup. Products are also available at Bryn Mawr Farmers Market and Wolff's Apple House, Media PA.
Website <https://www.canterhillfarm.org/>
Contact canterhillfarm@yahoo.com | **484.919.2659**
Other We are committed to pasture-raised, antibiotic-free, and chemical-free poultry, lamb, beef, produce.

Farm **Farmer Jawn at Westtown**

Address **1225 East Street Rd., West Chester, PA 19382**
Hours Wed.–Fri.: 10:00AM–6:00PM; Sat. & Sun.: 9:00AM–3:00PM
Website <https://www.farmerjawn.co/>
Contact hello@farmerjawn.co | **610.399.3711**
Other We use many organic practices as well as sustainable, and conventional practices that we feel are safe & environmentally sound.

Farm **Indian Orchards**

Products A wide variety of hand-tended fruits, including local heritage apples picked from 100-year-old trees, peaches, plums, blueberry, raspberry, blackberries.
Address **29 Copes Lane, Media PA 19063**
Hours 10AM–6:00PM; Winter hours vary
Website <https://indianorchardsfarm.com/>
Contact indian.orchards.farm@gmail.com | **610.564.0794 or 610.888.6969**
Other Our fruits and vegetables are grown using organic techniques, natural & sustainable; we also use IPM (integrated pest management). Pick your own available. Fruit and vegetable CSA shares available, check website for more information.

Farm **Linvilla Orchards**

Products When the crops are in-season, we will have our own fruits and vegetables in our farm market. When we don't have enough of our own produce, we source local crops from the best nearby farms in PA, NJ, and DE.
Address **137 W Knowlton Rd, Media, PA 19063**
Hours Hours vary; check website
Website <https://www.linvilla.com/>
Contact **610.876.7116**
Other The fruit we raise is not organic and Linvilla Orchards is not an organic farm. We do apply appropriate materials as required. Pick your own available. We sometimes carry local organic produce in our farm market.

Farm SIW Vegetables–Farm Stand

Products We grow a large variety of old fashioned (and newfangled) vegetables, fruits, flowers.
Address 4317 S. Creek Rd., Chadds Ford, PA 19317
Hours June 15 to October 31: Every day; 9AM–6PM
Website <https://www.siwvegetables.com>
Contact HG@siwvegetables.com | 610.388.7491
Other We do not grow everything organically. We do grow a lot of things without man-made chemicals and are very careful about what we do use to control problems that arise.

Farm Strawflower Farm

Products Flowers, vegetables, and berries
Address 51 Broomall Lane Glen Mills, PA 19342
Hours Check our Facebook page for picking days and times
Website <https://www.strawflowerfarm.net/>
Contact lindaclark1@earthlink.net | 610-566-7210
Organic Yes
Other Gazebo farm store and pick your own berries and flowers

Farm Thornbury Farm Market

Products Fresh produce and herbs are grown. Available for purchase are fruits and specialty items. We also have meats that are 100% free from any added hormones or antibiotics, a super extra virgin olive oil that won a gold medal in Europe for quality, local cheeses, and honey.
Address 1256 Thornbury Rd., West Chester, PA 19382
Hours Summer hours: Thurs. & Fri.: 12NOON–6PM; Sat. 9AM–6PM; Sun.: 11AM–5PM
Website <http://thornburyfarmcsa.com/>
Contact thornburyfarmcsa@yahoo.com | 610.793.2933
Other We grow using natural practices without the use of harmful substances such as pesticides and herbicides. No chemical sprays, synthetic fertilizers, or genetically engineered seed are used.

FARMS GREATER THAN 15 MILES OF MEDIA, PA; DELIVER LOCALLY

Farm The Edge Farms

Products Rainbow chicken eggs, pasture-raised chickens, forest raised turkeys, raw honey, mushrooms, Heritage pork; forest raised.
Address 595 Fellowship Rd., Chester Springs, PA 19425
Hours Contact us for appt or see website for current DelCo area pick-up locations. Contact us if these are not convenient for you. We would love to discuss adding additional private hosts & locations.
Website <https://www.theedgefarms.com>
Contact theEdgefarms@gmail.com
Other Humanely-raised animals, using regenerative practices, integrated pest management, no hormones. No commercial fertilizers or GMOs; we leave the land better than when we arrived. We offer experiences/ tours/ foster-a-chick programs.

Restaurants RESOURCE GUIDE



Support our local restaurants that demonstrate that they care about both food quality and our community. Our resource guide is a list of suburban restaurants within 15 miles of Media that are committed to consistently source from local farms. Visit these restaurants and try seasonal dishes that highlight the best ingredients our SE Pennsylvania area has to offer while also supporting our local economy and the efforts of our farmers.



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RESTAURANTS WITHIN 15 MILES OF MEDIA

ARDMORE

Restaurant Sweetgreen

Description Founded in 2007, Sweetgreen is a destination for simple, seasonal, healthy food. We believe the choices we make about what we eat, where it comes from, and how it's prepared have a direct and powerful impact on the health of individuals, communities, and the environment. That's why we're building a transparent supply network, why we cook from scratch, and why we're building a community of people who support real food.

Address 68 Coulter Ave., Ardmore, PA 19003

Website <https://order.sweetgreen.com/ardmore/menu>

Contact 610.642.9400

CHADDS FORD

Restaurant The Gables at Chadds Ford

Description Each of our menus is designed by our talented kitchen staff around fresh, local, and seasonal ingredients. We offer an enticing mix of European style cuisine with New American flavors and even throw in a touch of Southern flair!

Address 423 Baltimore Pike, Chadds Ford, PA 19317

Website <https://www.thegablesatchaddsford.com/>

Contact 610.388.7700

GLEN MILLS

Restaurant Harvest Seasonal Grill and Wine Bar

Description Harvest Seasonal Grill and Wine Bar believes that where your food comes from is as important as what you eat, which is why we champion the philosophy of "know your farmer, know your food." We work closely with 75 local farmers to source the freshest and highest-quality ingredients possible. While other establishments have only recently begun to embrace organic menu additions, Harvest was built from the ground up with a no compromise attitude towards using local, all-natural ingredients in all of our offerings

Address 549 Wilmington Pk., Glen Mills, PA 19342

Website <https://harvestseasonal.com/>

Contact 610.358.1005

Restaurant IL Granaio

Description Our chefs prepare authentic, homemade Italian dishes made from only local, farm-fresh ingredients. Also check our list of fresh homemade pasta that can be used in many of the entrees. Il Granaio welcomes you to bring your own wine.

Address 711 Concord Rd., Glen Mills, PA

Website <http://ilgranaio.com/>

Contact 610.459.8469

Restaurant Terrain Garden Café

Description Terrain’s greenhouse cafe offers seasonally-changing brunch, lunch, and dinner menus featuring hand-selected, local produce, meats, and dairy alongside a thoughtfully curated beverage program from near and far. Served in a deliberately designed environment to blur the line between indoor and outdoor spaces, each cafe’s décor is unique, providing an inspiring dining experience every time. B.Y.O.B.

Address 914 Baltimore Pk., Glen Mills, PA 1934

Website <https://www.shopterrain.com/pages/glen-mills-restaurant>

Contact 610.459.6030

Restaurant White Dog Cafe

Description The majority of our ingredients are purchased from local farms located no more than 50 miles from our restaurants. Our seasonal menus feature only the best ingredients from farms we trust, including pasture-fed animals, humanely-treated livestock, and fish & seafood harvested through sustainable suppliers. We incorporate organic items as much as we can when available, from farms using sustainable farming practices. Our wines are grown and produced from American vineyards, we serve local craft beer, and use artisan-distilled spirits in our beverages. All of our tea, coffee, and chocolate are Certified Organic and Fair Trade.

Address 981 Baltimore Pike, Glen Mills, PA 19342

Website <https://www.whitedog.com/glenmills/>

Contact 610.822.2100

HAVERFORD

Restaurant White Dog Café

Description The majority of our ingredients are purchased from local farms located no more than 50 miles from our restaurants. Our seasonal menus feature only the best ingredients from farms we trust, including pasture-fed animals, humanely-treated livestock, and fish & seafood harvested through sustainable suppliers. We incorporate organic items as much as we can when available, from farms using sustainable farming practices. Our wines are grown and produced from American vineyards, we serve local craft beer, and use artisan-distilled spirits in our beverages. All of our tea, coffee, and chocolate are Certified Organic and Fair Trade.

Address 379 Lancaster Ave., Haverford, PA 19041

Website <https://www.whitedog.com/haverford/>

Contact 610.896.4556

MALVERN

Restaurant Restaurant Alba

Description The concept of Alba began as an effort to create a restaurant that uses high-quality, locally-produced foods, and offers contemporary wholesome cuisine in a sophisticated, yet comfortable, setting.

Address 7 West King St., Malvern, PA 19355

Website <https://www.restaurantalba.com/>

Contact 610.644.4009

Restaurant Malvern Buttery

Description Part village bakery, part coffee shop, and part scratch kitchen, The Buttery is a place to get a great cappuccino, indulge in house-made pastries, and grab a delicious meal. We source our fruits and vegetables carefully from local farms and support local food producers by using organic, pastured, and humanely-raised meats & dairy.

Address 233 East King St., Malvern, PA 19355
Website <http://www.malvernbuttery.com/>
Contact 610.296.2534

MEDIA

Restaurant Cafe Isla

Description We have always felt that taking pride in what we do and what we serve is an extremely important aspect of our business. It's part of what defines us as people. It is also important for us to work with people who share that same philosophy. We strive to work locally whenever possible, and to only bring products that we personally connect with to our customers and our community. Our delicious made-to-order kitchen is full of local ingredients, house-made sauces, and several vegan and gluten-free options.

Address 24 South Plum St., Media, PA 19063
Website <https://www.facebook.com/cafeislamedia/>
Contact 610.627.2077

Restaurant Garden Café

Description Garden Café is the place where fantastic cooking and great vibes meet. Our food is nutritious, delicious and affordable. All made with locally grown and seasonal produce and served with love.

Address 23 S Jackson St, Media, PA 19063
Website <https://www.willowsgardencafe.com/>
Contact 484.444.2424

Restaurant House

Description House Restaurant stands by our claim of creating interesting, fresh, comfort foods daily. From classic entrée dishes with a twist, to our popular brunches, to our high demand for soups, and our array of grilled cheeses and panini, house has everything you need for your daily dose of comfort foods. Food is sourced locally whenever possible.

Address 110 South Jackson St., Media, PA 19063
Website <https://eatathouse.com/>
Contact 610.566.2505

Restaurant Two Fourteen

Description Two Fourteen offer seasonally-inspired cuisine in a cozy, upbeat atmosphere, whether you want to lunch with friends, grab a drink after work, or plan a special date night out. We offer uniquely crafted cocktails created with house-made syrups and fresh-squeezed juices, along with fresh, seasonal and locally-sourced ingredients for the kitchen's distinct, made-from-scratch menu.

Address **214 West State Street, Media, PA 19063**

Website <https://www.twofourteenrestaurant.com/>

Contact **724.904.9139**

Restaurant Rye BYOB

Description At Rye BYOB, we focus on sourcing local and sustainable ingredients. We work with local farmers and purveyors to bring you the best ingredients at the peak of their freshness.

Address **112 West State St., Media, PA 19063**

Website <https://www.ryebyob.com/>

Contact **610.263.7832**

SWARTHMORE

Restaurant Broad Table Tavern

Description At Broad Table Tavern, our menus are inspired by the seasons, showcasing locally-sourced ingredients and regional, artisan products. Our signature restaurant in Swarthmore was created to celebrate the partnership with local farms, vineyards, breweries, and purveyors who share our vision for the finest flavors and quality possible.

Address **10 South Chester Road, Swarthmore, PA 19081 at The Inn At Swarthmore**

Website <https://theinnatswat.com/broad-table-tavern/about/>

Contact **610.543.7500**

WAYNE

Restaurant At the Table

Description Wayne BYOB which has taken classic New American/French and put a modern spin on it. The restaurant evokes intimate luxury without the high-end prices of center city. Chef Tara and Chef Alex work together and prepare creative-tasting menus that constantly evolve with the availability of fresh and sustainable produce & seafood.

Address **1118 W. Lancaster Ave., Wayne, PA 19087**

Website <https://atthetablebyob.com/>

Contact **610.964.9700**

Restaurant **The Goat's Beard**

Description

Our highly-talented chefs serve inventive fresh plates, rooted in traditional American cuisine. Doing so allows them to keep our food familiar and approachable while remaining bold, exciting, and different. We are passionate about our food being clean, fresh, and responsibly-sourced. We communicate with all of our purveyors often, seeking advice on locally-grown products that allow us to change our menu seasonally and offer the best ingredients out there.

Address

103 N Wayne Ave, Wayne, PA 19087

Website

<https://www.thegoatsbeardphilly.com/wayne-location>

Contact

484-584-4979

Restaurant **The Silver Spoon**

Description

Silver Spoon offers contemporary American food. We strive to use the best seasonal and sustainable ingredients available to create a delicious delight for all your senses, including produce, eggs, cheese, and comestibles from nearby farms and friends. BYOB

Address

503 West Lancaster Ave., Wayne, PA 19087 (in Eagle Village Shops)

Website

<http://www.silverspoonwayne.com/>

Contact

610.688.7646

Restaurant **White Dog Cafe**

Description

The majority of our ingredients are purchased from local farms located no more than 50 miles from our restaurants. Our seasonal menus feature only the best ingredients from farms we trust, including pasture-fed animals, humanely-treated livestock, and fish & seafood harvested through sustainable suppliers. We incorporate organic items as much as we can when available, from farms using sustainable farming practices. Our wines are grown and produced from American vineyards, we serve local craft beer, and use artisan-distilled spirits in our beverages. All of our tea, coffee, and chocolate are Certified Organic and Fair Trade.

Address

200 West Lancaster Ave., Wayne, PA 19087

Website

<https://www.whitedog.com/wayne/>

Contact

610.225.3700

WEST CHESTER

Restaurant **Andiario**

Description

We're engaging a network of dedicated and responsible farmers, craftsmen, and purveyors within our community, and supporting a way of life that is forward-thinking while tapping deeply into tradition. Everything from broccoli to blueberries has its season, and will be celebrated at the height of its flavor, or carefully preserved to build a winter larder. Lean winters with hearty flavors give way to fresh abundant summers, creating a meal experience with a sense of time and place.

Address

106 West Gay St., West Chester, PA 19380

Website

<https://andiario.com/>

Contact

484.887.0919

Restaurant **Ground Provisions**

Description

Ground Provisions is an intimate nine-table restaurant with a fancy little country store and wine shop. We call it a “Farm Restaurant.” It’s been a longtime dream for Chefs Rich Landau & Kate Jacoby to have a country complement to their downtown Philadelphia restaurant, Vedge. Dinner is a seasonal celebration of dishes pulling from the best that local farms & crafters have to offer, supplemented by Rich & Kate’s nearby “Lost Glove” garden. Everything is 100% plant-based, our priority is organic & local, and we compost our vegetable scraps & paper to make fresh soil.

Address

1388 Old Wilmington Pike, West Chester, PA 19382

Website

<https://www.groundprovisionspa.com>

Contact

610-355-4411

Restaurant **Love Again Local**

Description

We make 100% plant-based, healthy, and satisfying sandwiches exactly the way you want them. Home of the beloved Love Chunk Vegan best-ever-kickass-cookies! With an extensive selection of all-vegan, GMO-free meats, cheeses, dressings, and veggies to choose from, there is a sandwich for everyone. Many of our products and ingredients are sourced locally to support our friends who work hard and do amazing things.

Address

18 South Church St., West Chester, PA 19380

Website

<https://www.loveagainlocal.com/>

Contact

484.266.7381

Restaurant **Roots Café**

Description

Roots was grown from an ambition to provide local, organic, and affordable food to our guests. Our mission is to serve the well-being of people and the planet by supporting sustainable farming practices and a healthy lifestyle.

Address

133 East Gay St., West Chester, PA 19380

Website

<https://www.rootscafewc.com/>

Contact

610.455.0100

Restaurant **The Mediterranean Restaurant**

Description

The menu varies from time-to-time to incorporate seasonal fruits and vegetables purchased from local growers. Grass-fed meats, fresh seafood, whole grains, hand-crafted pasta, and healthy, cold pressed oils are the heart of The Mediterranean’s dishes. We also consider food allergies, gluten intolerance, and other special diets.

Address

150 West Gay Street, West Chester, PA 19380

Website

<http://www.themedwcpa.com/>

Contact

610.431.7074

Retail Stores

RESOURCE GUIDE



We are fortunate to have several locally-owned grocery stores and natural food stores that carry local and organic foods. Supporting these stores supports our local farmers. At many of the chain grocery stores, look for labels and signs that indicate locally-grown and locally-produced foods—including dairy and meats—and you can ask which foods are local. You can also ask your local grocery store to carry more fresh, local produce, and other foods from local vendors.



transition town
GREATER MEDIA

RETAIL STORES WITHIN 15 MILES OF MEDIA

Retail Store 320 Market Café—Media

Description Local, grass-fed cheeses and local, natural wines
Address **211 W State St., Media, PA 19063**
Hours Sun.–Thurs., 9:00AM–8:00PM; Fri., Sat., 9:00AM–9:00PM
Website <https://www.the320marketcafe.com>
Contact **610.565.8320**

Retail Store 320 Market Café—Swarthmore

Description Local, grass-fed cheeses and local, natural wines
Address **713 S. Chester Rd., Swarthmore, PA 19081**
Hours Monday to Sunday, 9:00AM–9:00PM
Website <https://www.the320marketcafe.com/>
Contact **610.328.7211**

Retail Store Kimberton Whole Foods

Description Visit our store for organic produce, raw dairy, humanely-raised meats, specialty and gourmet foods, baked goods, supplements, natural body care, and household items. Browse our books and gifts section which showcases sustainable and fair-trade brands. We carry local products on many of our shelves and work with more than 200 local producers in the Greater Philadelphia area.
Address **429 East King Rd., Malvern, PA 19355**
Hours Monday to Saturday, 8:00AM–8:00PM; Sunday, 8:00AM–6:00PM
Website <https://www.kimbertonwholefoods.com/locations/malvern/>
Contact **484.324.2800**

Retail Store Martindale’s Natural Market

Description During the growing season, most of the produce that tingles your senses is not only organic—it’s local from farms less than 100 miles away. And the good news: our farmers deliver produce to Martindale’s the same day it’s harvested. During the cold winter months, most of our produce comes from warm weather regions—and yes, it’s all organic!
Address **1172 Baltimore Pk., Springfield, PA 19064**
Hours Monday to Friday, 8AM–9PM; Saturday, 9AM–9PM; Sunday, closed
Website <https://www.martindalesnutrition.com/>
Contact **610.543.681**

Retail Store MOM’s

Description When reviewing new items to sell at MOM’s, the first thing we look at is what it’s made of—we have a list with more than 100 banned ingredients. Using our *Ingredient Standards* as a guide, we give preference to organic items, and take into consideration sustainable farming practices, fair labor, and local food sources.
Address **1149 E. Lancaster Ave., Bryn Mawr, PA 19010**
Hours Mon.–Sat, 9AM–9PM; Sunday: 9AM–8PM
Website <https://momsorganicmarket.com/bryn-mawr/>
Contact **484.385.0220**

Retail Store

Description

Swarthmore Co-op

Our local produce has long been a major point of pride for the Co-op. The department has grown through close relationships with local and organic farms to provide our shoppers with an amazing assortment of fresh produce. Stop by the Co-op to see the terrific selection of fruits, vegetables, and herbs that we offer.

Address

341 Dartmouth Ave., Swarthmore, PA 19081

Hours

Monday to Saturday, 9^{AM}–8^{PM}; Sunday, 9^{AM}–7^{PM}

Website

<https://swarthmore.coop/about/our-mission/>

Contact

610.543.9805

Retail Store

Description

Wolff's Apple House

We offer a valuable product that most chain grocery stores do not—foods fresh from family farms within a 50-mile radius. Most supermarkets prefer to deal with only a few farms to source their products, so chances are you'll never see asparagus grown on the east coast or strawberries grown closer than Florida at many Pennsylvania grocery stores, even when they are fresh locally!

Address

81 S. Pennell Rd. Media, PA 19063

Hours

See website.

Website

<https://wolffsapplehouse.com/>

Contact

610.566.1680

Retail Store

Description

Local Grocery Stores

Many local grocery stores source local food. Check with your store for local produce, meats, cheeses, and other locally-made food items. Request that your store source more locally grown products.